



NSPCC



On Thursday 22nd June, the NSPCC (National Society for Prevention of Cruelty to Children) visited our school to tell us about their Childline campaign, called, '**SPEAK OUT. STAY SAFE.**' which helps children from all over the country with any problems and worries they may have and who you could talk to about them.

We were shown their mascot, **Buddy**, who told us about children's rights:

- **The right to speak out and be heard**
- **The right to be safe**
- **The right to get help when they need it**

They also showed us different types of abuse to watch out for, such as physical abuse and neglect (when you're not looked after properly). We spoke about how all of our problems and worries can cause us to feel like we're carrying around a **BIG BAG** on our back, pulling us down.

Childline told us that:

- **No problem is too big or too small.**
- **What a child says to Childline stays with Childline - unless we are really worried or concerned about them.**
- **It's free to call.**
- **It's open all, every day.**
- **The call won't show up on any bill.**

Later on that day, we had a workshop to remind us what types of behaviour 'is and isn't acceptable' to happen to children and reminded us that Childline is always there to listen to our problems and worries, no matter how big or small. Finally they gave us a **SPEAK OUT & STAY SAFE KIT** and a cool way to remember the Childline phone number!

By Ruba & Melissa (Year 5)